Year 12 2009
Year 12 celebrated the end of their formal schooling with a dignified graduation ceremony in the morning and a spectacular evening of festivities at L’Aqua Darling Harbour on Thursday 1st October. The students looked amazing and presented themselves as mature, responsible young adults. Through their various fund raising activities while at Carlingford High Year 12 has been able to support various charities and make generous donations to Carlingford High itself. They have donated a House Honour Board which has been erected in the school hall and funded the purchase of software for the operation of the TV in the entrance foyer. They have also generously donated to Beyond Blue and the Kids Helpline. Thank you Year 12 and we wish you well in your future endeavours.

Lynn Wilkes
Year 12 Adviser
Congratulations

Hannah Alexander was the Winner of the Music Teachers Association of NSW Junior Classical Singing Scholarship for 2009.

Kia Horrocks is competing in the NSWCHSSA Girls Water Polo State Carnival

LOST PROPERTY
All unclaimed lost property will be set out on tables in A block quad at lunchtime on Tuesday 1st December.

- school shoes
- soccer/rugby shoes
- joggers
- school jumpers
- umbrellas
- sports jackets, shorts and shirts
- wallets
- spectacles
- keys
- jewellery
- miscellaneous clothing

Any unclaimed lost property left over after lunchtime on 1 December will be donated to charity.

Important Music Dates

- **Tuesday 24 November** - Local school music performances (Concert Band 1, Stage Band 1, Vocals & Strings)
- **Wed 25 - Fri 27 Nov.** - Music Tour (Concert Band 1, Stage Band 1, Vocals & Strings)
- **Wednesday 2 December** - Music Showcase Evening 7:30pm start in the hall (All ensembles)
- **Thursday 3 December** - Music Orientation, part of the Year 7 Orientation Day, 8.45am-9:30am in the hall (All ensembles)

Random Fact of the Week: There are 3 golf balls sitting on the moon.

**Teachers vs. Students Netball**

Thank you to all of the teachers and students who were involved in the recent teachers vs. students netball game. At the end of the first half the scores were level at 3 all but unfortunately during the second half the teachers managed to secure the game. The final score was 9 - 4. However the teachers managed to inflict many injuries on the students including sprains, grazes, strains, bruises etc. This means that the teachers have won 2 out of 3, of the teachers vs. students games.

What's Coming up at Carlo?
The SRC currently have a number of events in the planning stages which will be happening either this term or term 1 next year. These include;
- A paper plane competition to raise funds for the Royal Flying Doctor Service.
- A Summer Festival
- A School Dance

These are only a few of the events planned to happen so listen out for any others that you might be interested in. If you have any ideas or suggestions for the SRC please speak to your year representative.
developing responsible and independent learners

The Essential Secondary Science Assessment (ESSA) test for Year 8 students will be held on Tuesday November 24th, 2009. A letter has been sent to parents giving details about this test.

The ESSA test is a diagnostic test that will provide information about what students know and can do in science. Questions in the test are framed on Stage 4 outcomes and essential content in the NSW Science Years 7-10 Syllabus.

The test takes approximately 75 minutes. It contains multiple choice, short answer and extended answer questions.

Results of the test will be available towards the end of Term 1 2010. A personal report will be prepared for each student to describe the scientific knowledge and skills demonstrated by the student in the test. There will also be information about how the student’s achievements compare with overall performance of all students in the test.

David Hopley
Head Teacher Science

What is cyber bullying?
Cyber and mobile phone bullying is a growing high tech trend with children and adolescents nowadays. Cyber bullying occurs when children or teens bully each other using the internet, mobile phones or other cyber technology.

The behaviours involved can include:
- Sending mean text, e-mail, or instant messages;
- Posting nasty pictures or messages about others in blogs or on websites;
- Using someone else’s user name to spread rumours or lies about someone (stolen identity);
- Silent calls
- Abusive verbal messages

Sometimes abusive mobile phone text messages are sent through websites using the names and phone numbers of people who have nothing to do with the message but who are blamed for it. Another technique used by cyber bullies includes setting up websites to target certain people by inviting others to post hate messages. This is becoming much more common with the increasing use of social networking sites.

The Adventures of Sheila and Mr Cactus

‘Sheila the camel came out to play when she came across Mr Cactus, he had to say
“Hey, Sheila, I’m stronger than you.”
Sheila replied, ‘Dear Mr Cactus, you don’t have a clue.
I have strong tough lips
And I’m known as the desert ship.
I’ll eat you up in a second or two.

‘For I can drink 100 litres in 10 minutes
Though this is my limit.
Let’s move on. We’re starting to bond.’

‘My eyelashes are very curly
And no doubt my knees are burly
I still have a lot to show off.

‘my ears are very hairy
To keep the dusk out so
I can run fast and about.
To prevent me from sinking
My wide, spreading feet.
My thick fur insulates from sun’s heat.’

‘WOW, Sheila, you are very strong.
But I don’t have anything to bring on.
For though I’m just a cactus so very small
I’m really big hearted afterall.’

And they lived happily ever after.

Sheila and Mr Cactus became close.
Sheila continues to boast.
And She ate Mr Cactus up.

By Jade Chen, 7V
Presidents’ Report
Annual general Meeting 11 November 2009
The active P&C has supported the school throughout the year through its volunteers.
We appreciate the time that parents give to come to P&C meetings, volunteer to help in
the activities run by the school, such as the Uniform shop, Canteen and Music Support
Group. In an age where demands are placed on parents to have a career and demands
from family it is often a challenge for parents to find the time to play a role in the
activities that are so crucial to the running of the school.
In 2009 we as a P&C body have continued on with the initiatives set by previous P&C
s., including;
• Uniform shop, very ably run by Gai Trau for the last 15 years and her
extraordinary team of volunteers.
• The informative presentations from the staff faculties at each of the P&C
meetings throughout the year.
• The annual public speaking competition (the P&C hosted the evening along with
Ms Robyn Croswell and her team- a wonderful evening with prizes provided
by the P&C)
• Our annual Welcome to year 7 evening and information night.
• Continued communication with parents via Carlingford calling and email notices.
• The continuation of the school Representations Fund to support students who
represent the school in state, national or international events.
• Reward day to Jamberoo
• R.O.S.E morning teas
• A motivational speaker

The P&C were able to fund;
• Beautification of the area adjacent to the Hall including a Barbecue area for the
hospitality students for the school.( a project for 2010)
• The Sound system for the hall
• For 13 interactive white boards.

I am very appreciative of the support and effort given by all the parents and P&C
Committee, and on other occasions, especially Leonie Jenkins VP, Lesley Healey
Secretary and Janet Nixon Treasurer for without you the P&C would not have
functioned.
Leonie has on more than one occasion stepped into the role of chairperson when I have
been unable to attend. I know that the job was done very effectively and efficiently.
Lesleys’ calm, quite and well organised handling of the secretarial position has made
my job as President a breeze. She not only liaises with staff at the school but also has
been responsible for the communication between the school and the parents via emails
and notices placed in Carlingford Calling.

I would like to say a big thank you and recognize the contribution by our departing
executive member Janet Nixon. I am extremely grateful to Janet, our Treasurer for the
last 3 years she has done a brilliant job. Her ability to liaise with fellow P&C members
and her efficient way of managing the finances has contributed to the smooth running of
the P&C. With her son now in year 12 we will undoubtedly still see her contribution to
other areas of school life.
I am grateful to our departing supper coordinator Tara Alexander another quite achiever
for the past year who’s care and organization over this time has ensured that we have
not gone hungry or thirsty at P&C meetings or related school events.
Gai Trau has quietly and efficiently organised and supplied the school with the uniforms
for the students for the past 15 years. Not only is the P&C grateful to Gai but also the
students, for without her input in the running of shop the school would not have the
uniformity of uniforms that are so proudly worn by the students.
Janet, Gai and Tara will be sorely missed.
Finally I would like to, on behalf of the P&C thank Rob Clarke and the executive and
teaching staff along with administrative staff of Carlingford High for their continued
contribution to the parents in the school community.
Sandra Berzins
P&C President 2009

Year 11 HSC Assessment dates
—please check on-line calendar

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—please check on-line calendar

What’s happening at Carlingford High School
November 17
Year 10 Formal
Oatlands House

November 23—27
Beyond Year

December 1—
Dance & Drama Night

December 2
Music Showcase &
Awards Ceremony

December 3
Year 7 2010
Orientation Day

December 7,8,9,10
Year 9 Elite
Swimmers Program

December 4, 7, 9, 10, 11
Australian Business
Week

December 11—
Year 10 School
Certificate
Presentation

December 16—
Last Day Term 4 2009

January 28 2010
Years 7, 11 and 12
return to school

January 29 2010
Years 8, 9, 10