Swimming Carnival
Snapshots
From the Principal

School Swimming Carnival
Last Monday the school held its Annual Swimming Carnival for Year 7 and 8 and competitors only in Years 9 – 12. Despite some overcast weather there was a great atmosphere at the pool and excellent participation by students. The carnival provided opportunities for students of all abilities to participate and we witnessed some excellent individual performances. Congratulations to AEGIR House who were victors on the day and to all students who participated. From the results on the day, a school team will be selected to swim at the Zone Carnival early in March.

My thanks to Ms Squires and Mr Hanlon and the PDHPE Faculty who coordinated the day and ensured its success.

Queensland Floods - Fundraising
We are all fully aware of the destruction and hardship caused by the floods on so many families in Queensland and we extend our thoughts to any of our families who may have had relatives who were affected. I would like to congratulate two Year 11 girls, Jessie He and Jessica Wang for their ‘ice cream’ initiative at school in raising funds to support this appeal and to all the students who contributed.

School contributions
Over the next week all families will receive their statements of account for 2011. It would be appreciated if payment could be made promptly through our front office via cash, cheque or credit card (including credit card payments over the phone). These contributions and elective fees are a vital means in ensuring we maintain the best possible resourcing and environment for our students and their learning.

Presentation Night
Last Wednesday night we celebrated and recognised the 2010 academic achievements and efforts of students across all years at our Annual Presentation Night. It was also a great opportunity to congratulate our Year 12 students who achieved outstanding success in the HSC last year. Present was our dux for 2010 Prasad Cheema, who achieved an ATAR of 99.70 and who will be studying Aeronautical Engineering at Sydney University. My thanks to the many other Year 12 students who returned to receive awards.

Congratulations also to the many students across all years who worked hard to achieve excellent results in 2010. It was also pleasing to see so many parents who attended on the night. My thanks to Mr Fardouly, Head Teacher Mathematics and the Mathematics Faculty who co-ordinated the evening; to Mr Cooper (relieving Head Teacher CAPA) and the Music department for the outstanding musical items.

Year 7 Parent Welcome Evening
A reminder to all parents of Year 7 that we will be holding our Year 7 welcome and sausage sizzle on Friday 25th February from 6.00 – 7.00pm at the outdoor hospitality area adjacent to the hall.

I would encourage all parents to attend and take advantage of the opportunity to meet teachers and other parents. I look forward to seeing you there and thank the P & C for their support in the co-ordination of this event.

New Website
Toward the end of last year, the school launched a new website with a number of updated features to improve navigation and the lines of

Congratulations:
Jarrah Nesbitt
Participating in
NSWCHSSA Girls Volleyball State Carnival

Tony Yu
Participating in
NSWCHSSA Boys Volleyball State Carnival
communication between school and home. The front page of the website has links to the school newsletter, latest news as well as upcoming events. The public calendar also provides a snapshot of school events by clicking on any underlined date. By doing this the event is listed below the calendar. NB These calendar dates are not as comprehensive as those found in the parent portal calendar.

On the navigation bar under the photo gallery on the front page of our website there are several headings which all act as links. One of these is the parent portal link.

By clicking on the Parent Portal you can log in with your username and password provided by the school. NB: If you don't know your log in details or have misplaced them please contact the front office.

Once in the portal, you have access to the following:

**School calendar**
- The parent portal version of the school calendar displays events not suitable or relevant for viewing by the general public.

**Daily notices**
- The daily notices reflect notices given to students and staff within the school. There is also a Parent specific section where notices can be posted for parents. Notices will only display any items relevant to your children's year group/s.

**Family details**
- This streamlines requesting changes to family details. Information which can be updated includes both parent information and emergency contacts.

**School Timetable**
- Shows your child's fortnightly lesson timetable.

**Sport Details**
- Lists the grade or recreational sport your child is currently enrolled in and the cost for that sport.

**Student attendance**
- This gives the last fortnight of student attendance as recorded by the school. If you notice any discrepancies with these dates we encourage you to contact the front office.

David Krust

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**Year 7 Vaccination Program**

The first school based vaccination clinic for Year 7 will be held on Tuesday 15th March 2011, commencing at 9.00am. All students who have returned their HepB consent forms will be receiving their first dose while the female students will also be receiving their first dose of HPV vaccine.

The next two Year 7 vaccination clinics will be held on Monday 23rd May (HPV and dTa) and Tuesday 13 September (HPV, HepB and Varicella).

It is important that the ‘Records of Vaccination’ given to the students are retained and that the dates and names of vaccinations are given to their GPs. Students are often asked for records of vaccinations in tertiary institutions and prior to employment.

Should you have any further questions regarding this program please call the Centre for Population Health on 9840 3603. Further information regarding immunisation is also available at www.health.nsw.gov.au.

Bev Parkes
Head Teacher Welfare
The Trip of a Lifetime!!

In December of 2010, I had one of the most amazing experiences of my life; I participated in the AFS JENESYS Explore Nihon and Nihongo Program – an all expenses paid scholarship to go to Japan for two weeks. After about 13 hours of travelling from Sydney, I – along with about 660 other participants from the Asia-Pacific region – arrived in Osaka, Japan.

On Saturday 5th December, we went to Kyoto and visited the Golden Pavilion (Kinkakuji) – a temple coated with gold-leaf. Lunch at Arashiyama was exciting because we got to meet people from the Country Mix and ASEAN Mix Programs. These students came from thirteen countries in the Asia-Pacific area which included New Zealand, the Philippines, Malaysia, Brunei, India, Myanmar, Vietnam, Thailand, Singapore, Laos, Cambodia and Indonesia. We then took the bullet train to Hiroshima, where we stayed in a Japanese-style hotel. We wore yukatas (a traditional kimono), ate dinner in a large tatami room and most of us endeavoured to experience the wonderful and relaxing onsen – the public bath.

On Sunday, we travelled to Hiroshima Peace Memorial Park. We visited the A-Bomb Dome (Genbaku-domu) – the closest structure to withstand the explosion of the atomic bomb. We contributed to the ever-expansive collection of paper cranes at the Children’s Peace Monument. We were immersed in the devastating history of the dropping of the atomic bomb at the Peace Memorial Museum. After a long day, we stayed our second (and last) night at the Aki Grand Hotel and prepared for the most exciting days of the trip – staying with our host families.

From the 7th to the 12th we stayed with our host families and visited our host schools. I stayed in Miyagi with my host family – the Fujimotos – some of the nicest people I will ever meet. From Wednesday to Friday, I went to St Ursula Girls High School – a partly co-ed school – with the six other AFS girls. We attended classes with some of the most boisterous and friendly students, visited the primary school where an adorable class performed for us and we made full use of the ubiquitous vending machines which thankfully provided hot beverages.

On Saturday, I had free time with my family – where I shopped, had a delicious lunch and went to purikura (photo sticker booths) with my lovely host sister, Kaho. On Sunday, all the AFS students and their host families went on a trip to Matsushima one of the three most beautiful views of Japan. We went on a cruise around the islands where seagulls fed out of our hands and our fingers went numb from the cold. My host dad was so excited with his new camera; he took pictures of everything, though with the views we saw, it was understandable. We also visited an aquarium, got to feed penguins and watch the sea lion show. The next day we had to leave our host families; none of us wanted to leave Miyagi, our families and the friends we’d become to close to. Nevertheless, we were back on the bullet train to Tokyo.

The last day, all 660 participants attended the JENESYS Festival wherein students each country put on a performance that distinctly represented their country, but more importantly, where everyone had the opportunity to mingle with everyone they had met over the program. This would be the last chance to see all the AFS-ers, as the next day, everyone would be flying back to their countries.

And so completes the most eye-opening and amazing experience of my life. I will never forget the friends I’ve made, my wonderful host family and my memories of my fantastic two weeks in Japan.

Breanne Watiwat
Year 12
Library News

Get Them Hooked!

Recent research in Britain has proved what we already understand to be true in our country. As children grow older and become more proficient at reading, the extent to which they read as a leisure activity increases up to the age of about 11 or 12. Then it tails off suddenly when children start secondary school – particularly among boys – until by the time they leave school, many are not reading for pleasure at all.

The research confirms that readers also needed to be hooked young. Those who enjoy reading from an early age tend never to give up the habit, and though at certain times of their life they might find it hard to read as much as they would like, they usually become heavy readers again once they get the chance.

Furthermore, even among those parents who have never developed the habit of reading themselves, there are many who read to and with their own children, and encourage book reading because of the benefits they believe it carries.

Encyclopaedia Britannica Online

Did you know that our school subscribes to Encyclopaedia Britannica Online School Edition and that you can access this from home?

Go to www.school.eb.com.au and enter:
Username: carlingfordnsw
Password: chsnsw

Not only is this resource fantastic for high school students, but if you have children in primary school they will find it very useful as well!

Uniform

A reminder that all students are required to wear full and correct uniform every day. This includes approved footwear which is necessary to meet the Occupational Health and Safety requirements for many classroom activities.

Special Provisions

Special examination provisions provide students who have special needs with practical support in the school certificate tests and the Higher School certificate examinations. Students’ special examination needs may include learning, medical, and vision or hearing difficulties.

Examples of provisions available include Braille or large print papers, use of a writer and or reader use of an oral interpreter, extension of test time, rest breaks, separate examination supervision and permission to take medication.

If you believe that your child is eligible for special provisions in the school certificate or higher school certificate please contact your students’ year advisor or the school counsellor.
developing responsible and independent learners

What’s happening at Carlingford High School

Feb 25—
Year 7 Parent Information Evening

Mar 2—
Year 7 2012 Opening Morning and Evening

Mar 7—
Year 7 Camp

Mar 7—
Zone Swimming Carnival

Mar 8—
International Women’s Day Breakfast

Mar 9—
Gifted & Talented test for Year 7 2012

Mar 14—
Japanese Visit Urasoe Shogyo High School

Mar 14—
Year 7 Vaccinations

Mar 16—
Year 12 information evening 7.30pm Library

Mar 16—
Sydney North Regional Swimming Carnival

Mar 17—
Selective High School Placement Test

An Invitation

The P & C invites all Year 7 Parents to Welcome to Year 7 Parents Evening/Sausage Sizzle on Friday February 25 2011 from 6.00 to 7.00pm in the covered area in front of the school hall. Drinks and nibbles will be provided.

Come along and meet with other parents from the school as well as some of your child’s teachers, the Principal and executive staff.

This evening is for Year 7 parents only and we request that you leave your children at home as there will be no supervision available.

Please complete the tear off slip below and return to the Front Office in A Block, by Monday February 21 2011.

Please return this slip to A block office by February 21 2011.

RSVP: CARLINGFORD HIGH SCHOOL P & C ASSOCIATION WELCOME EVENING FOR ALL YEAR 7 PARENTS Friday February 25, School Hall

Student Name:

Adults attending: